



Date policy created: October 2018

Date policy reviewed:

## **Sick Child / Exclusion for Illness Policy**

To ensure we prevent the spread of infection among the child/children in our care we ask parents to respect the “sick child exclusion for illness” policy. The Nursery will follow guidance from the South West London Health Protection Agency at the manager’s discretion.

This policy benefits children in three ways: first, by ensuring that the children get adequate care when ill. Parents can offer the child most comfort when he or she is ill and make the best decisions about their care, including taking the child to the doctor/hospital if necessary. Second this policy protects children from infections when other children are ill. Third by protecting vulnerable children from infection that would rarely be serious in most children, these include those children being treated for leukaemia or other cancers, on high doses of steroids by mouth and with conditions, which seriously reduce immunity.

If children arrive with any of the following symptoms below or develop them during the day, he or she will be excluded from our care until fully recovered.

- Any infectious or contagious illness
- Diarrhoea and or/vomiting
- A temperature of 100 degrees or higher
- Unusual spots or rashes on the skin, which may or may not include itching with a fever
- Sore throat with fever and swollen glands
- Headache or stiff neck, when accompanied by a temperature of 100 degrees
- Severe cough (child gets red or blue in the face and makes a high-pitched whoop after cough)
- Eye discharge (thick mucus or pus from the eye, or pink eye)
- Yellowish skin or eyes
- Child is displaying other symptoms or side effects of illness such as: extremely irritable; continuously crying; or requires more attention than the nursery staff can provide without risking the health and safety of other children in our care.

Children may NOT come to the nursery if they are infectious or sick.

Parents/carers will be contacted to collect their child within the hour should the child become ill while at the nursery.

A sick child will be found a comfortable place to rest away from other children until the parent arrives and reassured.

If possible a first aider will sit with the child, but otherwise the child will be monitored until the parent arrives.

**See also Administering Medication Policy**

### **In An Emergency**

The Manager must be informed immediately

The nursery will call for an ambulance

The parent's will be informed by phone calmly explaining the situation and that the child is on their way to hospital and will be met there.

The child's folder which will include their health records should be taken to the hospital with the child

Ensure ratios are maintained whilst the sick child is cared for

Parents are required to adhere to our sick child exclusion policy.

### **HIV/AIDS/Hepatitis (A, B and C) procedure**

The above viruses are spread through bodily fluids. Hygiene precautions for dealing with bodily fluids are the same for all children and adults. Disposable gloves and aprons will be used when changing nappies, pants and clothing that are soiled with blood urine, faeces or vomit. Soiled clothing is bagged for parents to collect.

Spillages are cleaned using a mild disinfectant solution and any mops and cloths used will be disposed of with clinical waste. All furniture, toys and resources that have been infected will be cleaned with disinfectant

**Guidance: This policy is written in line with guidance from the document 'Managing Medicines in Schools and early Years Settings'**

All children's Immunisation status will be checked at nursery entry.

Any immunisation that has been missed, please seek advice from the child's GP or Health Visitor

For the most up-to-date immunisation advice check on [www.immunisation.nhs.uk](http://www.immunisation.nhs.uk)

Facts sheets and further information can also be found on [www.hpa.org.uk](http://www.hpa.org.uk)